

Ankle Blocks Installation Instructions

Items required for installing the ankle blocks:

- Marking pencil
- Rubbing Alcohol - used to clean the surface at mounting locations for good adhesion.
- Paper towels for cleaning the surface.
- Contact cement: For better adhesion use contact cement that is furnished (for attaching the fuzzy Velcro to the boat).
- Masking Tape, Sand Paper, Tape Measure, & Small Roller (optional)

Installation Steps

- 1) Locate the approximate location of the fuzzy Velcro strips. You will use 2 fuzzy Velcro strips per ankle block. Start by sitting in your canoe and determine where to place the ankle blocks. Place the ankle blocks with fuzzy Velcro attached to the ankle block, into a comfortable position using masking tape to hold the strips in place. Use a tape measure to check the distance from the pedestal to the Velcro Strips and finely adjust the strips to obtain the same distance on each side. Use a pencil to mark the outline of the fuzzy Velcro patch.
- 2) Lightly sand inside the outlined area & then clean with rubbing alcohol and let the surface thoroughly dry.
- 3) In a well-ventilated area, apply an even coat of contact cement inside the outlined area (wait 20 minutes for it to dry). Use the applicator stick and gloves supplied with the kit to apply the contact cement.
- 4) Remove the protective wrapper on the 2 fuzzy Velcro strips and apply an even coat of contact cement over the adhesive (wait 20 minutes for it to dry). After both surfaces are dry, carefully place in the Velcro in the outlined area. The Velcro should be placed with care because the bond is immediate and repositioning is not possible. Once you have placed both strips of Velcro in place, apply pressure from the center to the edge with your hand or a small roller. Attach the ankle block in the center of the Velcro for testing the location. Fine tune to find the perfect spot.
- 5) Repeat the process for the other ankle block. You should recheck the layout so both ankle blocks are the same distance from the pedestal.



Center Ankle Block on the Velcro for the initial positioning



Ankle Blocks on the Velcro pads can be repositioned if not perfectly placed

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Maintenance

After a few seasons you may need to re-glue a loose edge of the Velcro. Use contact cement (Weldwood) applied to both surfaces and waiting at least 20 minutes before pushing the loose Velcro back to the matting surface. With a little maintenance, these ankle blocks should last the life of the canoe.

Travel Caution

The only precaution about the ankle blocks is that they are removable. When car top carrying your canoe on long distance trips (over 4 hours of highway speeds), it is best to remove the ankle blocks. The wind and sun on the canoe have a way of loosening the ankle blocks and they may be blown out of the canoe. We travel with the ankle blocks installed when we go to local rivers, but when we go out west we take everything that is detachable out of our canoes.

We hope you find the ankle blocks as advertised - comfortable and adjustable. We hope you enjoy the ankle blocks for many years to come.

Did you find the instructions clearly written?

Do you have any suggestions to improve the product?

Does the web site need clarification? <https://AnkleBlocks.weebly.com/>

Do you have any comments about the product?

Did you find them to be comfortable?

Email me at: jtkcanoes@gmail.com